Addressing Member Needs through Social and Community-Based Supports

NIHCM Webinar
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In recent years, significant state movement to include adults with disabilities including MH/SUD, older adults, and children with specialized health care needs in managed care arrangements.
Connecting members to services and supports in the community whether or not services are reimbursed

**Housing:**
- Accessible, affordable housing provides a stable base upon which people can focus on health, employment, and other factors.
- Moving to stable housing has been shown to improve recovery and individual health outcomes and reduce incarceration rates; reducing overall health care spending—especially emergency interventions

**Employment:**
- Employment has social, psychological, and financial benefits that improve health.
- Supported employment improves mental health status and overall health outcomes.
- Improvement in health outcomes is related to reductions in long term healthcare expenditures.

**Nutrition:**
- Improving access to accessible, affordable, healthy food choices enables adherence to diets addressing chronic health conditions.
- Access to healthy food has a positive impact on brain development in preschool and school-age children.
Critical Success Factors

- Assessment tools
- Individualized service plans
- Care coordination and care management
- Partnerships with community-based organizations to deliver the social supports
- Peer support and community engagement
Understanding What’s Beneath the Surface

VALUES
- Income and Social Status
- Employment and Working Conditions
- Biology and Genetic Endowment
- Culture

ASSUMPTIONS
- Social Support Networks
- Social Environments
- Personal Health Practices and Coping Skills

BELIEFS
- Education
- Physical Environments
- Healthy Child Development
- Gender
Building on Lessons Learned

Advocacy Community

State Partners