Systemic Racism Is a Public Health Crisis: Impact on the Black Community

What is systemic racism?
Systemic racism: the way policies & practices of organizations or systems advantage some populations, while disadvantaging others, creating different outcomes for different racial groups.

What makes the Black community more at risk for COVID-19?
COVID-19 highlights the link between racism and health. Long-standing inequities caused by systemic racism exacerbate health impacts.

For example:
- COVID-19 related deaths where race is known: Black individuals account for 13% of the US population, but 22% of COVID-19-related deaths.
- Black women are 3-4x more likely to die giving birth than White women.
- Black Americans are incarcerated at more than 5x the rate of White Americans.
- Black people are dying from COVID-19 at a rate 2.4x higher than White people.

Long-standing inequities caused by systemic racism exacerbate health impacts.

Food Insecurity
- Black Americans are more than 2x more likely to face hunger than White peers.

Housing Insecurity
- Black individuals make up 40% of the homeless population.

Health
- The net worth of a typical White family is 30x greater than that of a Black family.

Education
- 40% of Black students receive a 4-year degree vs 64% of White students.

Mass Incarceration
- Black Americans are incarcerated at more than 5x the rate of White Americans.

How does systemic racism and the stress of racism impact health?
- Systemic racism is a public health crisis: impact on the Black community.

Health Impacts
- Chronic Stress causes the body to leave its healthy resting place.

Stressors
- Every facet of life can cause stress, for those with the least.

Chronic Stressful Situations
- Homelessness
- Incarceration
- Food Insecurity

Baseline
- The body returns to its healthy resting place once a threat has passed.

Strategies for Change
- Actionable ways to address health disparities within the health care system.

Strategies for Change
- Increase opportunities for self-protection & prevention.
- Improve locations of COVID-19 testing sites.
- Conduct community outreach & engagement.
- Incorporate equity in value-based care arrangements.
- Increase internet access & telemental health opportunities.
- Identify & correct racially-biased health care algorithms.
- Incorporate diversity in medical school training.
- Provide culturally-competent care.
- Address provider bias.
- Improve medical school training.
- Improve health care coverage & access.
- Incorporate equity in value-based care arrangements.
- Increase internet access & telemental health opportunities.
- Identify & correct racially-biased health care algorithms.

Addressing systemic racism means achieving not only equality but equity.

If we want to have lasting change, we have to address systemic problems.

Addressing systemic racism means achieving not only equality but equity.

Address social determinants of health - food, housing & education.

Increased internet access & telemental health opportunities.

Diversify health care workforce.

Conduct community outreach & engagement.

Improve locations of COVID-19 testing sites.

Identify & correct racially-biased health care algorithms.

Incorporate equity in value-based care arrangements.

Increase internet access & telemental health opportunities.

Identify & correct racially-biased health care algorithms.

Incorporate equity in value-based care arrangements.

Increase internet access & telemental health opportunities.

Identify & correct racially-biased health care algorithms.

Incorporate equity in value-based care arrangements.

Increase internet access & telemental health opportunities.

Identify & correct racially-biased health care algorithms.

Incorporate equity in value-based care arrangements.

Increase internet access & telemental health opportunities.

Identify & correct racially-biased health care algorithms.

Incorporate equity in value-based care arrangements.

Increase internet access & telemental health opportunities.

Identify & correct racially-biased health care algorithms.

Incorporate equity in value-based care arrangements.

Increase internet access & telemental health opportunities.

Identify & correct racially-biased health care algorithms.

Incorporate equity in value-based care arrangements.

Increase internet access & telemental health opportunities.

Identify & correct racially-biased health care algorithms.

Incorporate equity in value-based care arrangements.

Increase internet access & telemental health opportunities.

Identify & correct racially-biased health care algorithms.

Incorporate equity in value-based care arrangements.

Increase internet access & telemental health opportunities.

Identify & correct racially-biased health care algorithms.

Incorporate equity in value-based care arrangements.

Increase internet access & telemental health opportunities.

Identify & correct racially-biased health care algorithms.

Incorporate equity in value-based care arrangements.

Increase internet access & telemental health opportunities.

Identify & correct racially-biased health care algorithms.

Incorporate equity in value-based care arrangements.

Increase internet access & telemental health opportunities.

Identify & correct racially-biased health care algorithms.

Incorporate equity in value-based care arrangements.

Increase internet access & telemental health opportunities.

Identify & correct racially-biased health care algorithms.

Incorporate equity in value-based care arrangements.

Increase internet access & telemental health opportunities.

Identify & correct racially-biased health care algorithms.

Incorporate equity in value-based care arrangements.

Increase internet access & telemental health opportunities.

Identify & correct racially-biased health care algorithms.

Incorporate equity in value-based care arrangements.

Increase internet access & telemental health opportunities.

Identify & correct racially-biased health care algorithms.

Incorporate equity in value-based care arrangements.

Increase internet access & telemental health opportunities.

Identify & correct racially-biased health care algorithms.

Incorporate equity in value-based care arrangements.

Increase internet access & telemental health opportunities.

Identify & correct racially-biased health care algorithms.

Incorporate equity in value-based care arrangements.

Increase internet access & telemental health opportunities.

Identify & correct racially-biased health care algorithms.

Incorporate equity in value-based care arrangements.

Increase internet access & telemental health opportunities.

Identify & correct racially-biased health care algorithms.

Incorporate equity in value-based care arrangements.

Increase internet access & telemental health opportunities.

Identify & correct racially-biased health care algorithms.

Incorporate equity in value-based care arrangements.

Increase internet access & telemental health opportunities.

Identify & correct racially-biased health care algorithms.

Incorporate equity in value-based care arrangements.

Increase internet access & telemental health opportunities.

Identify & correct racially-biased health care algorithms.

Incorporate equity in value-based care arrangements.

Increase internet access & telemental health opportunities.

Identify & correct racially-biased health care algorithms.

Incorporate equity in value-based care arrangements.

Increase internet access & telemental health opportunities.

Identify & correct racially-biased health care algorithms.

Incorporate equity in value-based care arrangements.

Increase internet access & telemental health opportunities.

Identify & correct racially-biased health care algorithms.

Incorporate equity in value-based care arrangements.

Increase internet access & telemental health opportunities.

Identify & correct racially-biased health care algorithms.

Incorporate equity in value-based care arrangements.

Increase internet access & telemental health opportunities.

Identify & correct racially-biased health care algorithms.

Incorporate equity in value-based care arrangements.

Increase internet access & telemental health opportunities.

Identify & correct racially-biased health care algorithms.

Incorporate equity in value-based care arrangements.

Increase internet access & telemental health opportunities.

Identify & correct racially-biased health care algorithms.

Incorporate equity in value-based care arrangements.

Increase internet access & telemental health opportunities.

Identify & correct racially-biased health care algorithms.

Incorporate equity in value-based care arrangements.

Increase internet access & telemental health opportunities.

Identify & correct racially-biased health care algorithms.

Incorporate equity in value-based care arrangements.

Increase internet access & telemental health opportunities.

Identify & correct racially-biased health care algorithms.

Incorporate equity in value-based care arrangements.

Increase internet access & telemental health opportunities.