The American College of Preventive Medicine (ACPM) (www.acpm.org) is the national professional society for physicians committed to disease prevention and health promotion. ACPM is dedicated to developing innovative tools that advance the delivery of preventive services and provider education around evidence-based clinical prevention. ACPM Time Tools provide physicians and other health providers with concise, credible, evidence-based clinical prevention guidelines on select topics to enhance knowledge and improve access and utilization of preventive services. ACPM has developed the following adolescent health focused Time Tools through their Adolescent Health Initiative with support from a cooperative agreement from the Department of Health and Human Services, Health Resources and Services Administration, Maternal and Child Health Bureau (Title V, Social Security Act), Office of Adolescent Health. For more information about ACPM’s Adolescent Health Initiative, please visit http://www.acpm.org/ah/.

- **Adolescent Wellness Exam**
  The Adolescent Wellness Exam Time Tool is an innovative educational tool designed to assist providers in managing adolescent health issues. It will increase awareness, provide education, and offer the guidance of the best evidence and guidelines in the delivery of an adolescent health services. To view the Adolescent Wellness Exam Time Tool or download directly to your iPhone, BlackBerry, Palm or Pocket PC and have access on the go, please visit: http://www.acpm.org/timetools/wellness/.

- **Adolescent Obesity: Time for a Commitment to Action**
  The Adolescent Obesity Time Tool provides information and medical guidance to help health care professionals address obesity and discuss concerns about nutrition and weight with adolescents and parents. It provides information on the prevalence and impact of overweight and obesity on adolescents, helps providers identify key lifestyle factors to address while counseling adolescents and their parents on nutrition, exercise and healthy weight loss, and enables providers to access the tools and resources needed to assess, prevent and manage overweight and obesity in adolescents. To access the Adolescent Obesity Time, visit http://www.acpm.org/timetools/adobesity/.

- **Adolescent Depression: Enhancing Outcomes in Primary Care**
  Keep an eye out for ACPM’s next Time Tool on Adolescent Depression, coming this summer. This tool will present important elements from the 2010 Guidelines for Adolescent Depression in Primary Care (GLAD–PC) for the identification, assessment, and treatment of adolescent depression.