Additional Resources

Deaths of Despair: The Opioid Crisis, Mental Health & Suicide

Opioids
- Infographic – Sources and Burden of Opioid Deaths
- Research – The Prescription Opioid Epidemic: Understanding Its Complications and the Effectiveness of State Policies – NIHCM grantee Stephen Patrick, Vanderbilt University Medical Center

Defying Despair Webinar Series – all webinar recordings & transcripts are available online
   - Featuring Emiliana Simon-Thomas of the Greater Good Science Center (University of California, Berkeley), National Business Group on Health and Blue Cross Blue Shield of Michigan
2. Mental Health – Turning the Tide on Mental Health Trends
   - Featuring Mental Health America, Trust for America’s Health, National Academy for State Health Policy and Horizon Blue Cross Blue Shield of New Jersey
3. Suicide Prevention – Communities for Change: Preventing Suicide
   - Featuring SAMHSA, Veterans Health Administration, The Trevor Project and Blue Cross Blue Shield of Michigan Foundation
4. Opioids – Overcoming Opioids: Paths to Progress
   - Featuring HHS, National Governor’s Association and Blue Cross Blue Shield of Massachusetts

Social Determinants of Health

Social Determinants
- Infographic – Addressing Social Determinants of Health Can Improve Community Health & Reduce Costs
- Webinar – Preventing Chronic Diseases: Eliminating Obstacles to Healthy Living
  - Featuring Kenneth Thorpe of Emory University, Arkansas Blue Cross Blue Shield, Blue Cross and Blue Shield of North Carolina Foundation and Wellmark Blue Cross and Blue Shield

Loneliness/Social Connection – Webinar – The Health Impact of Loneliness: Emerging Evidence and Interventions
- Featuring Don Berwick, loneliness researcher Julianne Holt-Lunstad and CareMore Health

Rural Health
- Infographic – Rural Health in America: How Shifting Populations Leave People Behind
- Webinar – What’s at Stake as Rural America Loses Its Hospitals (NIHCM grantee)
- Upcoming Webinar – Health in Rural America: Innovative Solutions to Address Disparities
  - Save the Date: November 13, 2019 at 2:00 - 3:30 PM EST
  - Featuring Cara James of CMS, Arkansas Blue Cross and Blue Shield, Carrie Henning-Smith of the University of Minnesota, and Health Care Service Corporation (Texas Initiative)

Maternal Health
- Webinar – Maternal Health in Crisis: Ensuring Nationwide Access to Maternity Care Providers
  - Featuring Katy Kozhimannil of University of Minnesota, American Congress of Obstetricians & Gynecologists, American College of Nurse-Midwives and Blue Cross and Blue Shield of Minnesota
- Webinar – America’s High Maternal Mortality & What Can Be Done (NIHCM grantee)

Early Childhood Development
- Webinar – Early Childhood Education: Partnering Up to Amplify Impact
  - Featuring James Heckman’s research team from the University of Chicago, Bipartisan Policy Center, Blue Cross and Blue Shield of Minnesota Foundation and Saint Paul 3K
- Documentary – No Small Matter (NIHCM grantee)

Environmental Health
- Webinar – How Our Environment Gets Under Our Skin (NIHCM grantee)
- Webinar – Toxic Cities: Telling Big Stories on Hidden Risks (NIHCM grantee)