Colorado Family Planning Initiative
A Colorado Success Story

Dr. Larry Wolk
Executive Director and Chief Medical Officer
Colorado Department of Public Health and Environment

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At-A-Glance:
Colorado Family Planning Initiative (CFPI)

Between 2008 and 2014

- Provided over 36,000 LARCs to low-income women
- Teen birth rate dropped 48%; teen abortion rate fell 48%
- Medicaid avoided a median of $79 million in related health care costs over the first 3 years of CFPI*
- Cost of the program was $27 million over 7 years
  - Training for health care providers
  - Support for operational infrastructure
  - Reduced or eliminated cost of LARCs

*Based on population estimates, the range is $49-$111 million.
Background:
Colorado Family Planning Initiative

- Objectives - provider training & public education
  - Increase access to family planning services
  - Increase access to long-acting reversible contraceptives
- Funding - provided by a private foundation
  - ~$5 million/year for 4 years
  - Decreased funding for years 5-7
  - Distributed to all 28 Title X agencies throughout Colorado
- Participation - 69 family planning clinics
  - Located in 36 counties; home to 95% of state’s population
  - 42 located in local public health departments
Network Map:
Title X Family Planning
### Game Changer: Measurable Outcomes

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<thead>
<tr>
<th></th>
<th>2008</th>
<th>2014</th>
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<tbody>
<tr>
<td>Title X LARC insertions (ages 15-24)</td>
<td>.5%</td>
<td>9.6%</td>
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<tr>
<td>Title X IUD &amp; implant use (ages 15-24)</td>
<td>4%</td>
<td>29.6%</td>
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<tr>
<td>Title X Oral contraceptive use (ages 15-24)</td>
<td>44%</td>
<td>29.9%</td>
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<tr>
<td>State Fertility rates (per 1,000 women 15-19)</td>
<td>39.6</td>
<td>19.4</td>
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CFPI's Impact
Total Number of Births and Fertility Rates
Ages 15-19, Colorado, 2007-2013
Other Impacts

48% reduction
In teen abortion rates statewide

25% reduction
In WIC infant enrollment (all ages)

$79 million
Median Medicaid costs averted*

*Based on population estimates, the range is $49-$111 million.
Insights & Lessons Learned

- Partner with existing systems
  - Title X
  - FQHCs
- Champions are key to meaningful change
- Clinical training doesn’t end with providers
  - Clinic efficiency
  - Billing/coding
- Follow best clinical practices and guidelines
- Data
Insights & Lessons Learned (cont.)

- Increase access to all LARCs
  - In all clinical settings
  - Same day insertions
  - Cost
  - Coverage by payers
- Increase knowledge among clients
  - Outreach and education
  - Word of mouth is invaluable
  - Understanding coverage and how to access
- Supportive consent laws
- Confidentiality is an issue
THANK YOU!