Staff trained in youth-friendly health services more likely to:

- Discuss contraceptive options
- Provide contraception

Kavanaugh, M.L.; Jerman, J.; Ethier, K.; Moskosky, S. Meeting the contraceptive needs of teens and young adults: Youth-friendly and long-acting reversible contraceptive services in U.S. Family planning facilities. J. Adolesc. Health 2013, 52, 284-292
Offering services in alternative settings

Internet

Juvenile Detention Centers

Community Outreach

School Based Health Centers

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Photo courtesy of Fresno EOC
Online resources

• Internet is the primary source of health information for teens
• Potential to link to services
• Privacy concerns may limit role of social media
Youth in juvenile detention

High rates

- Sexual risk behaviors
- Other risk behaviors
- Mental health issues

Opportunity to come in contact with health care system

Photo by Klm Daram licensed under CC-BY-NC 4.0 and available at https://www.flickr.com/photos/43566645@N03/4108950984/

School-based health centers

- Key access point
- Increase use of contraceptives and reduce pregnancies
- Only 2500 sites across the U.S.

Photo: “First day of school” by Phil Roeder licensed under CC BY 4.0 and available at http://tinyurl.com/p7k64zl
Over the counter

- International policies provide evidence for safety
- National study finds 61% of female adolescents would use this method
- Provision through pharmacists

Adolescent sexual and reproductive health: A confluence of factors
Summary

- Adolescents continue to face barriers when accessing sexual health services
- Effective strategies for improving quality access exist:
  - Improving communication of providers
  - Providing youth friendly services
  - Offering services in alternative settings
Thank you!

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